

Special Institute: Monday, February 28

Two-Day Institute: Tuesday-Wednesday, March 1-2

Three-Day Conference: Thursday-Saturday, March 3-5



AGPA Connect provides participants from diverse clinical disciplines the opportunity to advance their knowledge, skills, and training in group psychotherapy and related fields. The AGPA Connect experience includes the development of new clinical approaches, refinement of therapeutic methods, exchange of clinical and empirical knowledge with colleagues, exposure to current research and theory, and the opportunity to participate in a multidisciplinary peer support network.

AGPA Connect is divided into three sections: the One-Day Special Institute (Monday, February 28) taught by prominent clinicians, the Two-Day Institute (Tuesday-Wednesday, March 1-2) devoted to small group teaching primarily in the experiential mode, the, and the Three-Day Conference (Thursday-Saturday, March 3-5) which offers a variety of formats, including limited registration workshops as well as open session panels on special topics and original scientific paper sessions.

Who Should Attend?

Mental health professionals who have an interest in and/or currently work with groups who wish to be kept abreast of new developments and to expand the scope of their clinical practices.

Why Should You Attend?

- World-renowned faculty are available to instruct, challenge, and inspire you.
- Earn over 35 continuing education credits in your affiliated discipline.
- Learn valuable, proven strategies, and clinical techniques that can be used immediately.
- Access a full menu of diversified offerings designed to sharpen your knowledge and skills.
- Create cherished memories while strengthening your professional expertise.

What You Will Learn!

After participating, attendees will be able to:

- 1. Identify, review, and integrate basic group dynamic concepts into their group practice;
- 2. Compare the theoretical underpinnings of various schools of group therapy;
- 3. Conduct groups in a variety of settings with a broad range of populations;
- 4. Apply evidenced-based practices as they relate to group therapy.

How to Register!

An online registration form is available on the AGPA website, agpa.org. You may also register by mail, fax, phone, and email. To mail: complete the registration form on the back cover, and mail it along with your payment to American Group Psychotherapy Association, c/o SunTrust Lockbox, PO Box 117572, Atlanta, GA 30368-7572. Fax your form including credit card information to 212-297-2158. Phone registration is available by calling toll-free 877-668-AGPA (2472) or 212-297-2190. You may also email us at registration@agpa.org.

e are excited to welcome you to AGPA Connect 2022, "Uniting Through Groups: Pathways to Understanding and Inclusion". As you know, AGPA Connect 2022 will be a virtual conference and will be held Feb 28-March 5, 2022. Although we deeply wish we could have met in person in Denver, we recognize the necessity of our conference being held in this way, for this year. We will have built on our









Katie Steele

learnings from last year's meeting and we know we will have a spectacular meeting.

The theme of our meeting resonates deeply with our work as group therapists and at the organization level. AGPA Connect 2022 will indeed deepen our capacities to promote understanding and inclusion.

As we learned last year, it was amazing how much we found ourselves connecting with each other and the educational offerings over the week of programming—even in this virtual format. As you peruse the program, you will see a great depth and breadth of educational and experiential Institutes, Workshops, Open Sessions and Plenaries, as well as numerous opportunities to socialize with each other. We have continued to intensify our focus on topics of social justice and diversity, equity and inclusion with remarkable presenters and offerings. We trust that you will be nourished, both personally and professionally, through your experience in the meeting.

The AGPA Staff has done an incredible job of refining the use of the sophisticated platform from last year that will allow us to offer this rich virtual experience. Do not be daunted by the virtual nature. Nearly 1000 individuals attended AGPA Connect 2021 and their comments were overwhelmingly positive as to the richness of the experience. There will be considerable help in figuring out all that there is to do and how to access different features, and we will be sending updates about that. This will include great resources for technological help. Please be sure to carefully read the emails you receive to stay on top of it all. And if you need help figuring out how to navigate the many meeting options, check out the FAQ section on the AGPA website.

We call our meeting AGPA Connect because being a part of AGPA is about the connections we experience. As we write this letter, we are formulating ways to ensure this aspect of Connect will be an integral part of your experience. There will be events for First-Time Attendees, New Members and New CGPs. Special Interest Groups (SIGs) are also a great way to meet others with similar interests, and we will be posting those opportunities periodically online. So keep checking your emails for information of the unfolding ways we will make this happen.

Many of us have been sustained for years through the connections we have made at AGPA Connect and we're not going to let a pandemic get in our way. See you online soon!

Molyn Leszcz, MD, FRCPC, CGP, DFAGPA AGPA President

Katie Steele, PhD, CGP, FAGPA D. Thomas Stone, Jr. PhD, ABPP, CGP, FAGPA AGPA Connect Co-Chairs

What to look for inside...

We have an exciting line-up of speaker presentations:

- Special Institute Presentation on Monday, February 28 where Kenneth Hardy, PhD will present "Group Therapy in a Time of Racial Reckoning and Unrest."
- Lisa Mahon, PhD, CGP, FAGPA will present the Opening Institute Plenary Address entitled, "The Odyssey of a Group Therapist: Discovering Oneself in the Presence of Others."
- Maria Yellow Horse Brave Heart, PhD and Josephine Chase, PhD, MSW will present the Mitchell Hochberg Memorial Public Education Event "Iwankapiya (Healing) Historical Trauma and Unresolved Grief Intervention and Group Interpersonal Psychotherapy for American Indians."
- Daniel Siegel, MD will be the Conference Opening Plenary Speaker; his presentation will focus on the topic "IntraConnected: Integrating Identity and Broadening Belonging as MWe (Me + We = MWe".
- Gary Burlingame, PhD, CGP, DFAGPA will deliver the Anne and Ramon Alonso Presidential Plenary Address entitled, "The Future of Group Therapy is Bright!"
- Robert Unger, LCSW, PhD, will be presenting the Louis R. Ormont Lecture. It is entitled, "The Elusive Technique of No-Technique in Group Psychotherapy."

Just for fun, at the end of each day there is a time to get to know each other personally at our SIG meetings and social hours. You also won't want to miss the Friday night party hosted by the Group Foundation for Advancing Mental Health.

Attendance is Affordable...

New Member Discount. If you are not currently an AGPA member and join at the time of registration, you will save more than the difference between the member and non-member registration fee. A membership application is on page 17 of this program. We hope you will join us as a member.

Students, Residents, Early Career Professionals, Retirees, and Clinicians and Chaplains working with Active Duty Military and Veterans Discounts. These populations are offered a 35% discount.

Agency/Institutional Multi-Person Registration Discount.

A special discount is available to individuals from the same agency/institution. The first registration is at the full rate with additional registrations from the same agency at a 35% discount. In order to obtain a discount code for your institution, send a listing of the names of registrants on agency letterhead stating personnel are full-time or part-time employees whose sole source of income is from the agency to registration@agpa.org. The letter should also verify the agency or institution as a non-profit. (Other discounts are not applicable when using an agency/ institutional discount.)

AGPA Connect Scholarships are also being offered by the Group Foundation for Advancing Mental Health. Details on Awards and Scholarships for attendees as well as application information can be found on our website.

Please consider a donation to the Scholarship Fund to support the scholarship program; you can include a gift on the website or on the registration form found on the last page of this program.

| ONE-DAY SPECIAL INSTITUTE | TWO-DAY | INSTITUTE | | THREE-DAY CONFERENCE | | | | |
|--|---|---|---|---|--|--|--|--|
| Monday, February 28 | Tuesday, March 1 | Wednesday, March 2 | Thursday, March 3 | Friday, March 4 | Saturday, March 5 | | | |
| 10:00 AM – 1:00 PM SPECIAL INSTITUTE PRESENTATION: "Group Therapy in a Time of Racial Reckoning and Unrest" Kenneth Hardy | 10:30 – 11:15 AM INSTITUTE OPENING PLENARY "The Odyssey of a Group Therapist: Discovering Oneself in the Presence of Others" Lisa Mahon | | 10:45 – 11:45 AM CONFERENCE OPENING PLENARY ADDRESS "IntraConnected: Integrating Identity and Broadening Belonging as MWe (Me + We = MWe)" Daniel Siegel | 10:45 – 11:45 AM ANNE & RAMON ALONSO PRESIDENTIAL PLENARY ADDRESS "The Future of Group Therapy is Bright!" Gary Burlingame | 10:45 – 11:45 AM SIG Meetings | | | |
| 1:00 – 2:30 PM Lunch Break | 11:30 AM – 2:30 PM Process Group Experience Sections & Specific Interest Sections | 11:30 AM – 2:30 PM Process Group Experience Sections & Specific Interest Sections | 12:00 PM — 2:30 PM All-Day Workshops (Part 1) All-Day Course (Part 1) 2 ½ Hour Workshops & 2 ½ Hour Open Sessions | 12:00 PM — 2:30 PM All-Day Workshops (Part 1) All-Day Course (Part 1) 2 ½ Hour Workshops & 2 ½ Hour Open Sessions | 12:00 PM — 2:30 PM All-Day Workshops (Part 1) All-Day Course (Part 1) 2 ½ Hour Workshops & 2 ½ Hour Open Sessions LOU ORMONT LECTURE: (Open Session 310) "The Elusive Technique of No-Technique in Group Psychotherapy" Robert Unger | | | |
| 2:30 – 5:30 PM Special Institute Continues | 2:30 – 4:00 PM Lunch Break | 2:30 – 4:00 PM Lunch Break | 2:30 – 3:45 PM Lunch Break 2:40 – 3:40 PM SIG Meetings | 2:30 – 3:45 PM Lunch Break 2:40 – 3:40 PM SIG Meetings | 2:30 – 3:45 PM Lunch Break 2:40 – 3:40 PM SPECIAL EVENT Honoring Marsha Block | | | |
| 5:45 – 6:30 PM Social Activities To be Announced 5:45 - 6:45 PM 12-Step Recovery Meeting | 4:00 – 7:00 PM Process Group Experience Sections & Specific Interest Sections | 4:00 – 7:00 PM Process Group Experience Sections & Specific Interest Sections | 3:45 – 6:15 PM All-Day Workshops (Part 2) All-Day Course (Part 2) 2 ½ Hour Workshops & 2 ½ Hour Open Sessions | 3:45 – 4:45 PM One-Hour Workshops & One-Hour Open Sessions 3:45 – 5:15 PM 90-Minute Workshops & 90-Minute Open Sessions 3:45 – 6:15 PM All-Day Workshops (Part 2) All-Day Course (Part 2) 5:30 – 6:30 PM One-Hour Workshops & One-Hour Open Sessions 5:30 – 7:00 PM 90-Minute Workshops & 90-Minute Open Sessions | 3:45 – 6:15 PM All-Day Workshops (Part 2) All-Day Course (Part 2) 2 ½ Hour Workshops & 2 ½ Hour Open Sessions | | | |
| | 7:15 – 8:00 PM Social Activities To be Announced 7:15 - 8:15 PM 12-Step Recovery Meeting | 7:15 – 8:00 PM Institute Participant Evaluation Meeting 7:15 - 8:15 PM 12-Step Recovery Meeting | 6:30 - 7:15 PM Social Activities To be Announced 6:30 - 7:30 PM 12-Step Recovery Meeting | 7:15 – 8:00 PM Memorial Session 7:15 - 8:15 PM 12-Step Recovery Meeting | 6:30 - 7:15 PM Conference Participant Evaluation Meeting | | | |
| | | 8:15 - 9:15 PM MITCHELL HOCHBERG MEMORIAL PUBLIC EDUCATION EVENT "Iwankapiya (Healing) - Historical Trauma and Unresolved Grief Intervention and Group Interpersonal Psychotherapy for American Indians" Maria Yellow Horse Braveheart and Jacqueline Chase | 7:30 – 9:30 PM Membership Community Meeting | 8:30 – 10:00 PM Group Foundation Dance Party | 7:30 - 8:15 PM Social Activities To be Announced 7:30 - 8:30 PM 12-Step Recovery Meeting | | | |



Special Institute Presentation

Monday, February 28 10:00 AM - 1:00 PM and 2:30 PM - 5:30 PM (Eastern)

SI-1. Group Therapy in a Time of Racial Reckoning and Unrest Instructor: Kenneth V. Hardy, PhD

A little over a year ago, the murders of George Floyd, Breonna Taylor, and countless others sent shockwaves throughout this country and around the world. The mask of denial that too often shielded the prevalence of racial oppression in our society was aggressively removed, once again, exposing the ugliness of our unacknowledged racial history. While in a state of collective, individual, and institutional outrage, shame, and shock, with our racial consciousness allegedly elevated to an all-time high, we entered a self-proclaimed period of racial reckoning. This period has encouraged us all to consider the ways in which our lives are affected by race, not just as civilians but as professionals as well. Regardless of what our personal views are regarding race, as an organization and as practitioners, it is imperative that we, as group therapists, possess the will and skill to meet the race-related demands of our time.

This presentation will examine the sociocultural and ethical imperatives of what it means to be a group therapist in a time of racial reckoning and unrest. Specific strategies for developing a racial lens and becoming a racially attuned group therapist will be provided.



Dr. Kenneth V. Hardy is a Clinical and Organizational Consultant at the Eikenberg Institute for Relationships in New York, NY where he also serves as a Director. He provides Racially Focused Trauma Informed training, executive coaching, and consultation to a diverse network of individuals and organizations throughout the United States and abroad. He is a former Professor of Family Therapy at both Drexel University in Philadelphia, and Syracuse University in New York, and has also served as the Director of Children, Families, and Trauma at the Ackerman Institute for the Family in New York, NY.

Dr. Hardy is the author of:

- Culturally Sensitive Supervision: Diverse Perspectives and Practical Applications
- Promoting Culturally Sensitive Supervision: A Manual for Practitioners
- Revisioning Family Therapy: Race, Class, and Gender
- Teens Who Hurt: Clinical Strategies for Breaking the Cycle of Youth Violence. In addition to his consultation work, Dr. Hardy is a frequent conference speaker and has also appeared on ABC's 20/20, Dateline NBC, PBS, and the Oprah Winfrey Show.

Continuing Education Credits for Special Institute Presentations: 6.0 credit/.6 units

Two-Day Institute Sections

Tuesday & Wednesday, March 1-2 **Institute Opening Plenary Session**

Tuesday, March 1, 10:30-11:15 AM (Eastern)

The Odyssey of a Group Therapist: Discovering Oneself in the **Presence of Others**

Featured Speaker: Lisa Mahon, PhD, CGP, FAGPA

What brings us to the Institute experience? Even though groups in their many different forms, such as families, work, and societal organizations, are constantly influencing our lives, it is only in the AGPA Connect Institute that a group therapist can have the unique opportunity of being a member of an experiential training group with some of the most talented group leaders in the world. This plenary will focus on how our past group connections influence the journey to becoming a group therapist. The Institute group

will provide the opportunity to discover how we co-create our experiences with each other, while enhancing our understanding of our role in the group process. Dr. Mahon will share the lessons she has learned from her training group experiences and will offer recommendations on how to make the most of your Institute.



Dr. Lisa Mahon is a Clinical Psychologist who has more than 40 years of clinical group experience. She is in private practice in Atlanta, GA. Her current groups, which she co-leads with her husband, Philip Flores, PhD, have been running continuously for over 30 years. Within AGPA she has served in numerous roles including Chair of the Group Foundation for Advancing Mental

Health, Institute Committee Co-Chair, AGPA Secretary, and member of the AGPA and the Group Foundation Board of Directors. She has taught group psychotherapy and facilitated experiential training groups, as well as providing clinical supervision and consultation. Dr. Mahon has been active in her local affiliate society serving as President, Treasurer, and Board member. She has conducted groups and provided training within inpatient hospitals and outpatient community mental health.

The Two-Day Institute is designed for clinical professionals who meet the requirements of at least a Master's degree in a mental health profession and who have clinical psychotherapy experience. However, many sections of the Institute welcome psychiatric residents and graduate students in mental health degree programs as well as mental health workers who work in a range of human service settings. Please register for a section consistent with your experience.

The Institute is scheduled over two full days: Tuesday and Wednesday, March 1-2, 11:30 AM - 7:00 PM (Eastern), with a lunch break from 2:30-4:00 Eastern. Registration will only be accepted for the full two days and registrants will be expected to attend both days, including the Institute Opening Plenary Session on Tuesday. Continuing Education credit will not be awarded for partial attendance. Devoted to small group experiential teaching, these two-day groups are led by carefully selected experienced instructors. The secure environment of these small groups allows for rich cognitive and emotional learning about group processes and oneself as well as an opportunity for personal and professional renewal. The Institute consists of two sections:

- Process Group Experience (PGE) Sections: These small groups provide participants an environment in which to obtain, expand, and retain their skills in conducting group therapy. The group psychotherapy skills gained are important in conducting any group, regardless of its theoretical orientation, time parameter or patient population. PGE sections are essential training and benefit the participants, both personally and professionally. A portion of each PGE will be didactic. A maximum of 10 registrants will be accepted per group.
- Specific Interest Sections: These groups offer intensive learning about specific theories and approaches in group treatment. Registrants can pursue current interests in greater depth or learn ways of integrating new approaches and methods into their private practice, clinic, or agency work. Most of the Specific Interest Sections have extensive experiential components. Registration maximum (14-18 registrants) has been set by each instructor.

Observation and Evaluation: Institute sections will be observed by Institute Committee members. Registrants will be asked to complete evaluation questionnaires, designed to aid us in continuing to provide high quality meetings, upon conclusion of their attendance at events.

Continuing Education for Two-Day Institute Sections: 13.0 credits/1.3 units



Below are the listings of the two types of Institutes: Process Group Experiences (PGE) and Specific Interest Sections. The PGE participants acquire general therapy skills relevant to leading groups by participating in a process-oriented group. Specific Interest Sections offer participants a chance to explore a particular theme in greater depth or to learn a new theoretical approach. For Specific Interest Sections, previous participation in a PGE is recommended but not required. Members agree to attend the entire group, to participate actively, and to respect the privacy of the other members. After attending an Institute, participants will be able to identify various aspects of group process and dynamics. These groups provide an important opportunity for experiential learning and growth. Please Note: Dual relationships can hinder learning and could impact the experience for you and others. Those with dual relationships should consider NOT registering for the same Institute.

PROCESS GROUP EXPERIENCE (PGE) SECTIONS

I-A. GENERAL PROCESS GROUP EXPERIENCE **Entry Level**

Less than 4 years of group psychotherapy leadership experience Instructors:

- 1. Paul Berkelhammer, MA, LMHC, CP, CGP
- 2. Barbara Ilfeld, MSN, RNCS, CGP-R, FAGPA
- 3. CANCELLED
- 4. Michele Ribeiro, EdD, ABPP, CGP, FAGPA
- 5. Neal Spivack, PhD, CGP, FAGPA
- 6. Claudia Arlo, LCSW-R, CGP, FAGPA
- 7. Esther Stone, MSSW, CGP, DLFAGPA

Intermediate Level

4-9 years of group psychotherapy leadership experience Instructors:

- 8. Paul Cox, MD, CGP
- 9. Jennifer Joseph, PsyD, CGP
- 10. Paul LePhuoc, PhD, CGP
- 11. Marcia Nickow, PsyD, CADC, CGP

Advanced Level

10+ years of group psychotherapy leadership experience Instructors:

- 12. Cindy Miller Aron, MSW, CGP, FAGPA
- 13. Elaine Cooper, LCSW, PhD, CGP, DFAGPA
- 14. Greg MacColl, LCSW, CGP, FAGPA

I-B. PROCESS GROUP EXPERIENCE SECTION WITH MIXED **LEVELS OF EXPERIENCE**

Instructors:

- 1. Rita Drapkin, PhD, CGP
- 2. Leonardo (Leo) Leiderman, PsyD, ABPP, FAACP, CGP, FAGPA
- 3. Jamie Moran, LCSW, CGP
- 4. Matthew Tomatz, MA, LPC, LAC, CGP

I-C. PROCESS GROUP EXPERIENCE SECTION FOR SENIOR **LEVEL THERAPISTS**

Limited to prior AGPA Institute instructors or registrants who have participated in four or more AGPA Institutes.

Instructor:

1. Shari Baron, MSN, CNS, CGP, LFAGPA

I-D. TWO-YEAR CONTINUOUS SECTION

Registration for this section assumes attendance at two consecutive **AGPA Connect Meetings.**

Instructors:

1. Michael Frank, MA, LMFT, CGP, LFAGPA

(This is the first year of this group; new participants will be accepted.)

2. Paul Kaye, PhD, CGP, FAGPA and Gaea Logan, LPC-S, CGP, FAGPA

(This is the 2nd and final year of this group; new participants will not be accepted.)

I-E. National Institute Instructor Designate

Registration for this section is available to approved 2021 NID applicants. Instructor:

Alexis Abernethy, PhD, CGP, FAGPA

SPECIFIC INTEREST SECTIONS

Acceptance, Attunement, and Emotional Receptivity:

II. Welcoming the Whole Self in Group Jeffrey Hudson, MEd, LPC, CGP, FAGPA

Racialized Trauma in Black, Indigenous, and Therapists of Color

III. Kavita Avula, PsyD, CGP Marcus Hummings, PsyD, CGP

Becoming Who We Are in Groups: A Jungian Approach to Group Psychotherapy IV. Justin Hecht, PhD, CGP, FAGPA

Existential Factors in Group Psychotherapy: Learning to Thrive During a Pandemic

Maryetta Andrews-Sachs, MA, LICSW, CGP, FAGPA V. Farooq Mohyuddin, MD, CGP, FAGPA

Cultivating the Internal Secure Base in Group Psychotherapy VI. Aaron Black, PhD, CGP, FAGPA

Managing Love and Hate in a World of Social Crisis VII. Ronnie Levine, PhD, ABPP, CGP, FAGPA

A Relational Group Journey to Flatland and Beyond: Experiencing the Impact of the Online Environment on the Inclusion and Exclusion of Different Self States in VIII. the Individual and the Group

Sharon Sagi Berg, MA, CGP; Ido Peleg, MD, CGP

Understanding Each Other:

Forging Relationships in an Evolving and Diverse World Jeanne Bunker, LCSW, CGP, FAGPA,

Handle with Care:

Intergenerational Trauma, Ambivalence, and Avoidance in Group Dialogue Karsten Kueppenbender, MD, CGP Mendel Horowitz, MS, CGP

Living Out Loud: Attuning the Leader's Voice XI. Marie Sergent, PhD, CGP

Permission Granted: Transforming Prohibition into Power XII. Alyson Stone, PhD, CGP

Love Thwarted/Love Bites:

Enactments of the Sadistic-Masochistic Configurations Within the Group XIII. Judith Schaer, LCSW, CGP, FAGPA Gil Spielberg, PhD, ABPP, CGP, FAGPA

Reconnecting Masculinity: Reworking the Terms of Manhood XIV. David Joseph Dumais, LCSW, CGP

Rupture and Repair in Relational Group Psychotherapy Martha Gilmore, PhD, CGP, LFAGPA XV.

Social Identities, Power and Privilege: XVI. **How Difference is Essential for Group Cohesion** Paul Gitterman, LICSW, MSC, CGP

Haim Weinberg, PhD, CGP, FAGPA

Craig Haen, PhD, RDT, CGP, LCAT, FAGPA

Spontaneous Moments in Group:

Pathways to Deep Connection and Neurobiological Change Elizabeth Olson, PsyD, LCSW, CGP

Neuroscience to the Rescue:

XVIII. **Deepening Online Group Experiences Using Polyvagal Theory** Lorraine Wodiska, PhD, ABPP, CGP, FAGPA

Finding Our Center of Health: Coupling Modern Analysis with Relational Life XIX. Ginger Sullivan, MA, LPC, CGP, FAGPA

Interpersonal Dynamics for Referent Leadership in Organizations XX. Christine Carpenter, MA, PsvD, CGP Darryl Pure, PhD, ABPP, CGP, FAGPA

Group Psychotherapy Supervision and Clinical Consultation XXI. Annie Weiss, LICSW, CGP, FAGPA

Psychodrama: The Magic of Growth and Change

XXII. Sue Barnum, MA, LPCC, TEP, CGP-R Shelley Firestone, MD, CP, PAT, CGP, FAGPA

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Group Foundation for Advancing Mental Health

Gifts to the Foundation can be made at www.agpa.org

Fulfilling the Promise: Founders Circle

Our sincerest appreciation is expressed to the following individuals and companies for their gifts in support of our program.

2020/2021 Contributors

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Heartfelt Wings Foundation

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Lisa Mahon & Philip Flores

Kathy Rider

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Keith Rand & John D'Amico

Jov Segal

Joseph Shay & Laura Zimmerman

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Gil Spielberg

Kathleen Ulman

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We would like to thank the following organizations for their support of our community outreach, education, training and service delivery programs during 2021 and 2022

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The Conference is held on Thursday, Friday, Saturday, March 3-5 and includes courses, open sessions, limited registration workshops and special presentations on a variety of topics.

SPECIAL PLENARY PRESENTATIONS

Wednesday, March 2

Mitchell Hochberg Memorial Public Education

Supported by the Group Foundation for Advancing Mental Health

Iwankapiya (Healing) - Historical Trauma and **Unresolved Grief Intervention and Group** Interpersonal Psychotherapy for American Indians

Featured Speakers: Maria Yellow Horse Brave Heart, PhD and Josephine Chase, PhD, MSW

American Indians face pervasive trauma exposure, collective histories of communal suffering, and elevated risk for depression and posttraumatic stress disorder. In addition to socioeconomic barriers, access to culturally responsive treatment is limited, which may compromise treatment engagement. The Iwankapiya study piloted the Historical Trauma and Unresolved Grief Intervention (HTUG), combined with Group Interpersonal Psychotherapy (IPT), to reduce symptoms of depression and related trauma and grief. HTUG+IPT or IPT-Only, at two tribal sites: one Northern Plains reservation (n-26) and one Southwest urban clinic (n-26). Depression scores significantly decreased for both treatments, but there were no significant differences in depression between the two groups. However, HTUG+ IPT participants demonstrated significantly greater group engagement. Postintervention, clinicians expressed preference for HTUG+IPT based upon qualitative observations of greater perceived gains among participants. Given the degree of trauma exposure in tribal communities, these findings in a relatively small sample suggest HTUG should be further examined in context of treatment engagement. In addition to describing the study, Drs. Braveheart and Chase will discuss the importance of cultural context and describe how they came to recognize the need for the study. They will also share specific elements of the HTUG.



Dr. Maria Yellow Horse Brave Heart ((Hunkpapa/Oglala Lakota) is Associate Professor in the Department of Psychiatry and the Director of Native American and Disparities Research at the University of New Mexico in the Center for Rural

and Community Behavioral Health. She is also a principal investigator for a research project through the NM CARES Health Disparities Center.

Dr. Brave Heart's education was from Tufts University, and Columbia University, and culminated with a Ph.D. in Social Work from Smith College. She has served on faculty at Columbia University and the University of Denver before joining UNM. Dr. Brave Heart developed historical trauma and unresolved grief theory and interventions among American Indians and in 1992, she founded the Takini Network, a non-profit organization based in Rapid City, South Dakota, devoted to community healing from massive group trauma. Dr. Brave Heart's Historical Trauma and Unresolved Grief Intervention was selected as a Tribal Best Practice by First Nations Behavioral Health Association and the Substance Abuse and Mental Health Services Administration (SAMHSA). Dr. Brave Heart was also a recipient of the Substance Abuse and Mental Health Services Administration (SAMHSA) Minority Doctoral Fellowship for leadership in mental health. She is a member of the International Society for Traumatic Stress Studies (ISTSS) and has been Chair and Co-Chair of

the ISTSS Special Interest Group on Intergenerational Trauma and Resilience for several years.



Dr. Josephine Chase ((Mandan/ Hidatsa – Yanktonai/Hunkpapa) is Consultant / Director Horse Nation Healing, Inc., former Acting Director Oyate Health Center, and former Deputy Behavioral Health Director Sioux San Indian Health Service,

Rapid South Dakota. She has served as Social Work Faculty with Oglala Lakota College, and previously was the Associate Director of the Takini Network/Institute, a Native collective devoted to community healing from intergenerational massive group trauma. Since 1992, Dr. Chase has collaborated in the development of the Historical Trauma and Unresolved Grief Intervention (HTUG), recognized as an exemplary model, in a special minority initiative, by the Center for Mental Health Services in 2001. In 2009 HTUG was selected as a 'Tribal Best Practice' by the First Nations Behavioral Health Association, the Pacific Substance Abuse and Mental Health Collaborating Council, and the Substance Abuse and Mental Health Services Administration (SAMHSA).

Dr. Chase was Principal Investigator at the Tribal site in South Dakota for a NIMH-funded study (Iwankapiya-Healing: Historical Trauma Practice and Group IPT for American Indians). She is also Co-Principal Investigator of the OLC American Indian Higher Education Consortium Behavioral Health Research Project, funded by the Native American Research Centers for Health, under an initiative to create Behavioral Health research and curricula at Tribal Colleges and Universities. Dr. Chase has extensive history providing direct practice and supervision in Child Welfare, and Mental Health therapy with individuals, families, and groups She is trained and certified in providing Equine Assisted Psychotherapy and consults and trains clinicians in Behavioral Health related topics, especially regarding Historical Trauma.

Thursday, March 3

Conference Opening Plenary Session

IntraConnected: Integrating Identity and Broadening Belonging as MWe (Me + We = MWe)

Featured Speaker: Daniel J. Siegel, MD

In this presentation, we'll examine the notion of "connection" and its correlation with mental health. When we feel disconnected from our inner life, we suffer; when we are disconnected relationally-from people and nature—we can become anxious, depressed, despondent. What is this powerful "connection" actually made of, what is it, and how can we take the science of connection and inform the practice of psychotherapy? In many ways, the experience of a separate, solo-self may underly the many challenges we face, from racism and social injustice to environmental destruction. The field of mental health can play a pivotal role in how we help our human family move toward a new way of living on Earth by addressing the modern cultural excessive focus on individuality in the separate sense of self. These questions and their personal, professional, and public implications will focus our discussion on the nature of both interconnection—the links between parts of a system—and intraconnection—the wholeness of the



Dr. Daniel J. Siegel received his medical degree from Harvard University and completed his postgraduate medical education at UCLA with training in pediatrics and child, adolescent and adult psychiatry. He served as a National

Institute of Mental Health Research Fellow at UCLA, studying family interactions with an emphasis on how attachment experiences influence emotions, behavior, autobiographical memory and narrative. Dr. Siegel is a clinical professor of psychiatry at the UCLA School of Medicine and the founding co-director of the Mindful Awareness Research Center at UCLA. He is also the Executive Director of the Mindsight Institute, an educational organization, which offers online learning and in-person seminars that focus on how the development of mindsight in individuals, families and communities can be enhanced by examining the interface of human relationships and basic biological processes. Dr. Siegel has published extensively for the professional audience. He is the author of numerous articles, chapters, and the internationally acclaimed text, The Developing Mind: How Relationships and the Brain Interact to Shape Who We Are (3rd. Ed., Guilford, 2020). Dr. Siegel's unique ability to make complicated scientific concepts exciting and accessible has led him to be invited to address diverse local, national and international groups.

Friday, March 4

Anne and Ramon Alonso Presidential Plenary Address

Supported by contributions to the Group Foundation for Advancing Mental Health

The Future of Group Therapy is Bright!

Featured Speaker: Gary M. Burlingame, PhD, CGP, **DFAGPA**

We begin with a watershed moment—a member harmed by the group—that led to a career-long search for the properties of effective group treatment. The power of a therapeutic group relationship is essential to create safety and effectively engage members in therapeutic here-and-now process. The three flows of compassionfocused therapy (self-compassion, compassion for others and receiving passion from others) can create the relationship resilence to handle difficult group moments. With this context, we end with one view on how evidence-based group treatment creates a promising future for group therapy.



Dr. Gary Burlingame is Professor and Chair of the Psychology Department at Brigham Young University. He is affiliated with the clinical psychology doctoral program where he teaches group psychotherapy and co-leads BYU's

Consortium for Group Psychotherapy Research and Practice. His clinical settings include the Utah State Psychiatric Hospital and BYU CAPS. His scholarly work on small group treatments and measurement have produced 60+ books, technical manuals and chapters and 150+ articles. He's received national (American Psychological Association; American Group Psychotherapy Association) and international (German College of Psychosomatic Medicine) recognition for his training and scholarship including being a Distinguished Fellow of the American Group Psychotherapy Association.

Complete Course Descriptions on AGPA's Web Site: agpa.org

EVENT FORMATS

COURSES: These courses are designed to cover a variety of topics in-depth. One-Day Courses meet in two sections for one full day. Participants must attend all sessions in order to receive continuing education credits. Course manuals are available for purchase in advance in the AGPA online store.

Continuing Education: One-Day: 5.0 credits/.5 units

HALF-DAY OPEN SESSIONS: These meetings will be presented in a variety of formats, including panels, papers and demonstrations. Audience participation and exchange with the presenters is encouraged.

Continuing Education: 2.5 credits/.25 units

ONE-HOUR OPEN SESSIONS: These presentations and discussions will be presented on specialized areas of interest for the group therapist on Friday afternoon.

Continuing Education: 1.0 credit/.1 unit

WORKSHOPS: All-day and half-day meetings provide a context in which participants exchange information among themselves and with the chairperson. These meetings are designed for varying levels of experience including master workshops for senior clinicians and usually include both didactic and experiential learning. Check designations for beginning and master levels (for senior clinicians).

Continuing Education: All-day: 5.0 credits/.6 units; Half-day: 2.5 credits/.25 units

90-MINUTE EVENTS: These sessions will be presented as open sessions and workshops on Friday afternoon.

Continuing Education: 1.5 credits/.15 units

ASA LEADERSHIP DEVELOPMENT PROGRAMMING:

Sponsored by the Affiliate Society Assembly (ASA) and the Organization/Consulting SIG this programming is intended for those who would like to enhance group leadership skills and knowledge across a wide range of roles, not only as group therapy leaders but also as leaders in agencies, government, business, industry non-profit and educational organizations, or perhaps their own family or community. The Leadership Development Program enables members to develop a skill set that may not have been taught in traditional graduate schools or elsewhere that focused primarily on mental health groups. The aim is to offer and translate the clinical therapeutic leadership skills of group psychotherapy to the

different forms of leadership in a wide range of social and business organizations with the intention of promoting effective, constructive and humane leadership.

As a subtheme of the Connect 2022, "Uniting Through Groups: Pathways to Understanding and Inclusion," this year the theme for the Leadership Development Program will be "Enhancing Diverse Leadership." This include topics around the unique experiences and challenges of leaders that carry minority status within organizations. Additionally, group psychotherapists and organizational consultants are specifically poised to institute progressive change towards diversity, inclusivity, and equity. Our skill sets can enable the powerful and necessary conversations around these sensitive issues.

| Thursday, March 3 | | | |
|------------------------------------|-----------|--|------------------|
| Conference Opening Plenary Session | Session # | Title & Presenters | Experience Level |
| 10:45 AM - 11:45 PM | P-TH | IntraConnected: Integrating Identity and Broadening Belonging as MWe (Me + We = MWe) Daniel Siegel, MD | N/L |
| All-Day Course | Session # | Title & Presenters | Experience Level |
| 12:00 - 2:30 PM & 3:45 - 6:15 PM | C1 | Modern Adolescent Group Psychotherapy: Method, Madness, and the Fun Directors: Seth Aronson, PsyD, CGP, FAGPA; Robin Dean, PsyD, MSEd; Thomas Hurster, LCSW, CGP, FAGPA; Andrew Pojman, EdD, CGP, FAGPA | N/L |
| All-Day Workshops | Session # | Title & Presenters | Experience Level |
| | 1a | Coming Alive: Moving From Stagnation to Vitality in Groups Angelo Ciliberti, PsyD, CGP, FAGPA | N/L |
| 12:00 - 2:30 PM & 3:45 - 6:15 PM | 2a | Centering Marginalized Voices: Dismantling White Supremacy and Oppressive Norms in Group therapy Daniela Recabarren, PhD; Renita Sengupta, PsyD, HSPP | <4 |
| | 3a | Introduction to Modern Group Process Alice Brown, PsyD, CGP; Chris Dolin, LCSW | N/L |
| | 4a | Leadership Development: Utilizing Group Therapy Skills in Corporate Culture Rick Tivers, LCSW, CGP | N/L |
| 2.5 Hour Open Sessions | Session # | Title & Presenters | Experience Level |
| | 301 | When the Individual Therapist is Also the Group Leader: The Challenges and Benefits of Combined Treatment Maryetta Andrews-Sachs, LICSW, CGP, FAGPA; Aaron Black, PhD, CGP, FAGPA; Justin Hecht, PhD, CGP, FAGPA; Kenji Kuramitsu, M.Div, LCSW; Annie Weiss, LICSW, CGP, FAGPA; Ellen Wright, PhD | N/L |
| 12:00- 2:30 PM | 302 | Rupture and Repair: Is Healing Possible in Groups, Organizations and Society? Haim Weinberg, PhD, CGP, FAGPA; Kavita Avula, PsyD, CGP; Marcus Hummings, PsyD, CGP; Cheri Marmarosh, PhD, FAGPA, FAPA; Rosemary Segalla, PhD, ABPP, CGP, FAGPA | N/L |
| | 303 | Contemporary Group Psychotherapy Research Joseph Miles, PhD; Zipora Shechtman, PhD, DFAGPA; Rainer Weber, PhD | N/L |

Entrance Requirements: N/L= No Limitations; <4 = Less than four years of group leadership experience; 4+ = More than four years of group leadership experience; 10+ = More than ten years of group leadership experience (Masters Level)

| 2.5 Hour Workshops | Session # | Title & Presenters | Experience Level |
|------------------------|-----------|---|------------------|
| E. O Hour Workshops | 5 | l'd Rather Go Out for Tacos: Our Emotional Resistance to Climate Change Anna Graybeal, PhD, CGP, SEP | N/L |
| | 6 | Your Professional Will: The Ethical Care of Your Practice and Yourself Ann Steiner, PhD, MFT, CGP, FAGPA | N/L |
| | 7 | Understanding and Connecting Through Bodily and Verbal Languages Bojun Hu, PhD; Lizhu Zhao, MA | N/L |
| | 8 | Exploring Group Therapy Process Through Individual Art, Movement and Written Words Experience Daniella Bassis, PsyD; Orit Even Shoshan Reshef, PsyD; Idit Tevet-Cytryn, PsyD | N/L |
| I2:00- 2:30 PM | 9 | GROUP - A Modern Analytic Video Training Series John Caffaro, PhD, CGP, FAGPA; Elliot Zeisel, PhD, CGP, DFAGPA | N/L |
| | 10 | Soul Siblings and Black Women Magic: The Need and Power of Black Women Groups at Predominantly White Institutions Kimberly Burdine, PhD; Analesa Clarke, PhD, CGP | N/L |
| | 11 | Embracing Today: Present Centered Group Therapy for Survivors of Trauma Daniel Gross, LICSW; Barbara Niles, PhD; Analesa Clarke, PhD, CGP; William Unger, PhD; Melissa Wattenberg, PhD | N/L |
| | 12 | Interpersonal Neurobiology, Courage and High-Performing Teams Rachel Stephens, PsyD, LCP; Carolyn Waterfall, MS, LPC, CGP | N/L |
| | | 2:30 PM - 3:45 PM - Lunch Break | |
| 2.5 Hour Open Sessions | Session # | Title & Presenters | Experience Level |
| 3:45- 6:15 PM | 304 | Rupture and Repair in Group Psychotherapy: Intersecting Multiple Identities John Caffaro, PhD, CGP, FAGPA; Sophia Chang-Caffaro, PsyD, CGP; Elizabeth Olson, PsyD, LCSW, CGP | N/L |
| 5.49- 0. 13 PIVI | 305 | Using Group Process for Diverse Contexts Michele Ribeiro, EdD, ABPP, CGP, FAGPA; Joana Kyei, PsyD; Anne McEneaney, PhD, ABPP, CGP, FAGPA; Henry Nsubuga, Msc. IPHC, MA Counseling; Matthew Tomatz, MA, LPC, LAC, CGP | N/L |
| 2.5 Hour Workshops | Session # | Title & Presenters | Experience Level |
| | 13 | Microaggressions Under the Microscope: Identifying, Unmasking, and Exploring Implicit Bias in Group Psychotherapy Shemika Brooks, PsyD, CGP; Nathasha Hahn, PhD, CGP; Shelby Weltz, PsyD | N/L |
| | 14 | Using our Emotions as Leaders to Understand and Guide our Groups Dave Kaplowitz, LMFT, CGP | 4+ |
| | 15 | Using Team-Building Activities to Advance the Goals of Group Therapy Barney Straus, MSW, MA, CGP, FAGPA | N/L |
| | 16 | Writing and Its Multiple Uses in Psychotherapy Settings Dominick Grundy, PhD, CGP, FAGPA | N/L |
| 3:45- 6:15 PM | 17 | Improving Your Ability to Activate and Illuminate the Here-and-Now in Your Small Group Dynamics Nate Page, PhD, LP, CGP | N/L |
| | 18 | Integrating Psychotherapy and Trauma Groups in a Time of Medical, Racial and Sociopolitical Crisis: Implications for Leaders Robert Klein, PhD, ABPP, CGP, DLFAGPA; Suzanne Phillips, PsyD, ABPP, CGP, FAGPA | N/L |
| | 19 | Coping with Aging in Ourselves and Our Clients: The Importance of Understanding and Acceptance Ken Schwartz, MD, FRCPC; Shayne Vitemb, MA, LMFT, CGP | 10+ |
| | 20 | Group Based Approaches to Parental Reactivity and Transformation: The Parent Circle Model David Flohr, PhD, CGP | N/L |

Entrance Requirements: N/L= No Limitations; <4 = Less than four years of group leadership experience; 4+ = More than four years of group leadership experience; 10+ = More than ten years of group leadership experience; 4+ = More than four years of group leadership experience; 4- = More than four years of g

| Anne and Ramon Alonso Presidential Plenary Address | Session # | Title & Presenters | Experience Level |
|--|-----------|---|------------------|
| 10:45 AM - 11:45 PM | P-FR | The Future of Group Therapy is Bright! Gary Burlingame, PhD, CGP, DFAGPA | N/L |
| All-Day Course | Session # | Title & Presenters | Experience Level |
| 12:00 - 2:30 PM & 3:45 - 6:15 PM | C2 | Core Principles of Group Psychotherapy Part II Director: Mikhail Bogomaz, PsyD, CGP, ABPP; Faculty: Shala Cole, PsyD, CGP; Karen Cone- Uemura, PhD, CGP; Tevya Zukor, PhD, LCP, CGP (Part I is a pre-requisite.) | N/L |
| All-Day Workshops | Session # | Title & Presenters | Experience Level |
| | 21a | Longing to Belong: Exploring Barriers to Connection and Closeness Allan Sheps, MSW, RSW, FCGPA, CGP; Joan-Dianne Smith, MSW, RSW, FCGPA | 10+ |
| 12:00- 2:30 PM & 3:45-6:15 PM | 22a | Therapists as Racial Beings: Leading Groups with People of Color Across the Lifespan Robin Dean, PsyD, MSEd; Kathleen Isaac, PhD; Colette McLean, LCSW; Archandria Owens, PhD; Rachelle Rene, PhD, BCB, HSM | N/L |
| | 23a | Confronting Aggressive Scapegoating in Group Therapy and Society: An Ethical Obligation of Mental Health Clinicians Bill Roller, MA, LFAGPA; Yong Xu, MD, CGP | N/L |
| 2.5 Hour Open Sessions | Session # | Title & Presenters | Experience Level |
| | 306 | Restorative Justice: A Panel Conversation with Practitioners Moderator: Deborah Sharp, LCSW-S, CGP, FAGPA; Panelists: Haya Abusway, MA; Marquita M. Booker, JD, MPA, NDCCDP, CCDP; Kouang Chan, JD; Susan Gale Orovitz, PhD, CGP; Melanie Susswein, MSW | N/L |
| 12:00- 2:30 PM | 307 | DUTCH DESIGN: Practice Guidelines for Group Treatment, Contemporary Group Treatment in the Netherlands Willem de Haas, MSc; Silvia Pol, MSc; Charles Huffstadt, MSc; Anne-Marie Claassen, MSc; Laura van Groenendael, MD | N/L |
| | 308 | The Origin of Our Clinical Interventions: An Expert Panel Reflects on Billow's Theory Tzachi Slonim, PhD, ABPP, CGP; Richard Billow, PhD, ABPP; Sara Emerson, LICSW, MSW, CGP, FAGPA; Lisa Stern, PhD, CGP, ABPP | N/L |
| 2.5 Hour Workshops | Session # | Title & Presenters | Experience Level |
| | 24 | Says Who? Grappling with the Status Quo Ethics of Group Psychotherapy Across Diverse Populations, Settings, and Cultural Contexts Kat Zwick, MA, LPCC, CDBT, CGP | N/L |
| | 25 | The FIVE QUESTION Approach Elisabet Wollsén, MSc | N/L |
| | 26 | LEGO® Group Therapy: Agape Through Creative Play Kasra Khorasani, MD | N/L |
| 12:00- 2:30 PM | 27 | Diversifying Group Leadership Karin Bustamante, PsyD, LPC, CGP; Francis Kaklauskas, PsyD, CGP, FAGPA | N/L |
| | 28 | Lost in Translation: Conducting Groups with the Aid of Translators Seth Aronson, PsyD, CGP; David Dumais, LCSW, CGP | 4+ |
| | 29 | Using Functional Subgrouping - Connecting with our Shared Humanity, Is it Enough? Dayne Narretta, LCSW, BCD, CGP, FAGPA; Deborah Woolf, MS, MSS, PHR, LCSW | N/L |
| | 30 | Integrating ISTDP into Modern Analytic Training Groups to Deepen Experiential Learning William Watson, PhD, CGP, FAPA | N/L |
| | 31 | LGBTQ+ Providers' Affinity Group Angelynn Hermes, MSW, CGP, LCSW; Stef Gentuso, LPCC; Elise Matatall, LCSW | N/L |

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| 1 Hour Open Sessions | Session # | Title & Presenters | Experience Level |
|------------------------|-----------|--|------------------|
| | 201 | Home Is Where We Start From: Teaching Inclusion and Consciousness Raising in Graduate Education David Songco, PsyD, LP, CGP | N/L |
| 3:45-4:45 PM | 202 | Using Music in Addiction Recovery Groups: Helpful or Harmful? Marlys Woods, MS, LMFT, MT-BC | N/L |
| | 203 | Online Process-Oriented Training Groups for Therapists: Lessons Learned from Working to Heal the Healers Nate Page, PhD, LP, CGP | N/L |
| 1.5 Hour Open Sessions | Session # | Title & Presenters | Experience Level |
| 2.45 E.45 DM | 204-5 | Group on Stage: Where Adolescent Groups, Theater, and Suicide Prevention Intersect Krissy Schwerin, MD; Zachary Thieneman, PsyD, CGP; Erica Joy McCarthy, LMFT, CAMFT | N/L |
| 3:45- 5:15 PM | 205-5 | Getting to We: The Role of the Group in Repair of Moral Injury and Prevention of Suicide Eva Usadi, MA, BCD, CGP | N/L |
| l.5 Hour Workshops | Session # | Title & Presenters | Experience Level |
| | 32-5 | Martial Arts Meets Group Psychotherapy: Contacting and Managing One's Aggression Grace Ballard, LPC, CST; Elizabeth Driscol, MA, LPC | N/L |
| 3:45- 5:15 PM | NEW 33-5 | Master Class: Teaching Group Therapy Twenty + Years: Evolving a New Model Nina Brown, EdD, LPC, NCC, DFAGPA | >4 |
| | 34-5 | On the Topic of Starting Interpersonal Process Groups in Private Practice Jeffrey Grossman, LPC-MHSP, CGP | <4 |
| | 35-5 | When Worlds Collidel: Navigating Dual Relationships in Ongoing Training Groups Gianna Viola, MSSW, LCSW-S, CGP; Christine Winston, LCSW-S | N/L |
| | 36-5 | Integrating Psychodrama Into Group Training Julia Moss, PhD, MSW, CGP, BCB | N/L |
| | 37-5 | Integrative Community Therapy: A Web of Solidarity and Care Sylvia London, MA, LMFT; Alice Thompson, BA; Kenneth Thompson, MD; Irma Rodriguez, MA | N/L |
| | 38-5 | Conducting Adolescent Therapy Groups Online- Groups During the Pandemic Thomas Hurster, MSS, LCSW, CGP, FAGPA | N/L |
| Hour Open Sessions | Session # | Title & Presenters | Experience Level |
| | 206 | Group Psychotherapy Utilization and Insurance: Implications for Training, Practice and Research Martyn Whittingham, PhD, CGP, FAGPA, FAPA; Peter Mallow, PhD; Michael Scherer | N/L |
| 5:30- 6:30 PM | 207 | Mindfulness Meditation Group Therapy with Emphasis on Healing from Racial and Social Injustices Mansi Brat, PhD, CGP; Michael Buxton, PhD | N/L |
| | 208 | Plentiful, Enough or None-At-All: Case Examples of Resource-Allocation to Group Psychotherapy Training in Psychiatry Residency Seamus Bhatt-Mackin, MD, FAPA, CGP, FAGPA; Meenakshi Denduluri, MD; Mariam Rahmani, MD, FAPA, DFAACAP; Joseph Wise, MD, CGP | N/L |
| 1.5 Hour Open Sessions | Session # | Title & Presenters | Experience Level |
| | 209-5 | Anxiety Toolbox: A CBT Workshop Evolving for Clients and Settings Kathy Blau, PhD; Elizabeth Poloskov, PhD | N/L |
| 5:30- 7:00 PM | 210-5 | Here, There, and Virtually Everywhere: A Panel Discussion on Delivering Group Therapy in the Era of COVID-19 and Beyond Lindsey Randol, PsychD, LPC; Simon Bresler, LCSW, CGP; Jeffrey Grossman, LPC-MHSP, CGP | N/L |

Entrance Requirements: N/L= No Limitations; <4 = Less than four years of group leadership experience; 4+ = More than four years of group leadership experience; (Masters Level)

| Friday, March 4 1.5 Hour Workshops | Session # | Title & Presenters | Experience Level | |
|-------------------------------------|-------------|--|------------------|--|
| 1.3 Hour workshops | 39-5 | Master Class: My Career: Narcissism, Loss, Loneliness, Success and Excitement With and Without Shame Stewart Aledort, MD, CGP, FAGPA | N/L | |
| | 40-5 | The Terrible, Awful, Horrible, No Good Group Jacqueline Silverman, MA | <4 | |
| 5:30- 7:00 PM | 41-5 | Medical Residents' Emotional Wellbeing: Time-Limited Groups for the Other Pandemic Brenda Boatswain, PhD, CGP | N/L | |
| | 42-5 | Stop "Shoulding" on Yourself: Unlearning the Narratives that Lead to Shame-Induced Behavior Carmen Burlingame, MA, MPA, LSW | N/L | |
| | 43-5 | Groups for the Dead: Those Deadened by the Experience of a Suicide of a Relative/ | | |
| Saturday, March 5 | | | | |
| All-Day Course | Session # | Title & Presenters | Experience Level | |
| 12:00- 2:30 PM & 3:45-6:15 PM | C3 | Group Psychotherapy Approaches to Addiction and Substance Abuse Philip Flores, PhD, CGP, ABPP, FAGPA; Jeffrey Roth, MD, CGP, FAGPA | N/L | |
| All-Day Workshops | Session # | Title & Presenters | Experience Level | |
| | 44 a | Decentering Whiteness: Use of Mindful Facilitation Skills in Groups (ASA Leadership Development) Donna Harris, MA, LCSW, CGP | N/L | |
| 12:00- 2:30 PM & 3:45-6:15 PM | 45 a | Am I My Sibling's Keeper? An Exploration of Sibling Dynamics and How They Influence the People We Become and the Roles That We Take in Groups Yair Kramer, PsyD, CGP; Brett Kociol, PsyD; Terri Lipkin, PsyD; Benjamin Mueller, PsyD, CGP | N/L | |
| | 46a | Intromission and Inspiration Richard Billow, PhD, ABPP | N/L | |
| | 47a | Exploring Your interpersonal Style as a Group Leader: How Focused Brief Group Therapy Methods and Techniques Inform Transference, Counter-Transference and Group Dynamics Martyn Whittingham, PhD, CGP, FAGPA, FAPA | N/L | |
| 2.5 Hour Open Sessions | Session # | Title & Presenters | Experience Level | |
| 12:00- 2:30 PM | 309 | Women and Aggression: History, Healing and Power Moderators: Janice Morris, PhD, ABPP, CGP, FAGPA; Jeanne Bunker, MSSW, LCSW, CGP, FAGPA; Panelists: Aziza Belcher Platt, PhD; Karen Cone-Uemura, PhD, CGP; Oona Metz, LICSW, CGP, FAGPA | N/L | |
| | 310 | Louis Ormont Lecture: The Elusive Technique of No-Technique in Group Psychotherapy Robert Unger, MSW, PhD, CGP, FAGPA | N/L | |

Entrance Requirements: N/L= No Limitations; <4 = Less than four years of group leadership experience; 4+ = More than four years of group leadership experience; Hore than ten years of group leadership experience (Masters Level)



Complete Course Descriptions on AGPA's Web Site: agpa.org

| Saturday, March 5 | Session # | Title & Presenters | Experience Level | | |
|----------------------|-------------------|---|------------------|--|--|
| | 48 | Do I Belong Here? Hate, Safety, and Being Asian American Robert Hsiung, MD; Teresa Lee, MD | N/L | | |
| | 49 | Fear of Falling Apart: Therapist Reactions to Group Member Terminations Ali Kimmell, LCSW, CGP | N/L | | |
| | 50 | Managing Client Suicide Risk for Group Therapists Tony Sheppard, PsyD, CGP, FAGPA | N/L | | |
| | 51 | Encountering the Traumatogenic Object in the Leader and the Group Andrew Eig, PhD, ABPP | N/L | | |
| 2:00- 2:30 PM | 52 | Is It Me or Is It You? Countertransference, Projective Identification and Reverie in Group Psychotherapy Larry Mortazavi, MD, CGP | <4 | | |
| | 53 | Identifying and Responding to Modern "Isms" and Internalized Oppression Behaviors in an Interpersonal Process Group Sejal Patel, PsyD, CGP | N/L | | |
| | 54 | Providing Caregiver and Leadership Support to Frontline Multidisciplinary Teams Working with Complex Trauma: Applying Group Work in Organizational Systems Ashley Powell, PhD, CGP | 10+ | | |
| | 55 | Balint Groups: A Facilitated Group Experience to Enhance Clinician Empathy and Explore Patient-Provider Relationships in Medical Settings Donald Nease Jr. MD; Deborah Seymour, PsyD; Kathleen Ulman, PhD, CGP, DLFAGPA; Alan Witkower, EdD, CGP | | | |
| 2:30 PM | M - 3:45 PM - Lun | ch Break • 2:40 PM - 3:40 PM Special Event Honoring Marsha Block | | | |
| 5 Hour Open Sessions | Session # | Title & Presenters | Experience Level | | |
| AE CAE DM | 311 | The Bridge I Must Be: Identity and Difference in Group Life (ASA Leadership Development) Francis Kaklauskas, PsyD, CGP, FAGPA; Sophia Aguirre, PhD, CGP, FAGPA; Alexis Abernethy, PhD, CGP, FAGPA; Farooq Mohyuddin, MD, CGP, FAGPA, FAPA; Stef Gentuso, LPCC | N/L | | |
| 3:45- 6:15 PM | 312 | A Tale of Two Cities: Chaos, Despair, Burnout, Fall-Outand Hope - Pandemic Response Narratives from New York and Chicago Marcia Nickow, PsyD, CADC, CGP; Stephanie Friedman, MD; Rachael Kaplan, MA, LMSW; Nelly Katsnelson, MD, CGP | N/L | | |
| .5 Hour Workshops | Session # | Title & Presenters | Experience Level | | |
| | 56 | Uniting Groups by Working Through Destructive Anti-Group Tendencies Rena Pollak, LMFT, CGP | N/L | | |
| | 57 | Shame and Pain: Addressing the Sticking and Breaking Points that Inhibit the Anti-Racist Practice We Proclaim Aziza Belcher Platt, PhD; Craig Haen, PhD, RDT, LCAT, CGP, FAGPA | N/L | | |
| | 58 | Group Process and the Creation of a Peaceful Community Through Meditational Consciousness Allen Levy, PhD, LCSW, NcPsyA, CGP | N/L | | |
| 45 C 45 DM | 59 | Evolution of Self as a New Therapist: Theories of Change via Narcissistic Injury and Countertransference Sydney Marie LeFay, D.O. | N/L | | |
| :45- 6:15 PM | 60 | Supportive Leadership: Working on Basic Psychological Needs with Psychodrama Techniques (ASA Leadership Development) Ozge Kantas, PhD | N/L | | |
| | 61 | Compassion Focused Therapy Groups: How to Help Clients Connect with Compassion Michael Buxton, PhD; Kristina Hansen, PhD, CGP; Corinne Hannan, PhD, CGP, CEDS-S; Hiu Hiu Wai Yoko Caldwell, PhD; Klinton Hobbs, PhD | | | |
| | 62 | Integrative Group Therapy for Patients with Psychosis Nick Kanas, MD, CGP-R, FAGPA | N/L | | |
| | | Groups in Dark and Forgotten Places: Group Therapy Using Play with Fathers in Prison for | | | |

Entrance Requirements: N/L= No Limitations; <4 = Less than four years of group leadership experience; 4+ = More than four years of group leadership experience; 10+ = More than ten years of group leadership experience; 4+ = More than four years of group leadership experience; 40+ = More than ten years of group leadership experience; 40+ = More than four years of group leadership experience; 4

Continuing Education Credits

Refer to agpa.org for continually updated information

SATISFACTORY COMPLETION

Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available. If you are seeking continuing education credit for a state or specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

CERTIFIED GROUP PSYCHOTHERAPISTS (CGP): Institute and Conference events may be counted towards recertification requirements for the International Board for Certification of Group Psychotherapists on a one hour per one continuing education credit basis. Please note that all continuing education credit events for CGP recertification must be in group psychotherapy.

PHYSICIANS: Accreditation Statement – The American Group Psychotherapy Association (AGPA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation Statement - The AGPA designates this live activity for a maximum of 36 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: American Group Psychotherapy Association is approved by the American Psychological Association to sponsor continuing education for psychologists. AGPA maintains responsibility for this program and its content. Maximum of 36 hours.

The following state boards accept courses from APA providers for Counselors: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, KY, MD, ME, MO, NC, ND, NH, NE, NJ, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WI, WY

MI: No CE requirements

The following state boards accept courses from APA providers for MFTs: AK, AR, AZ, CA, CO, CT, DE, FL, GA, IA, ID, IN, KS, MD, ME, MO, NE, NC, NH, NJ, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA. WA. WI. WY

MI: No CE requirement

The following state boards accept courses from APA providers for Addictions Professionals: AK, AR, CO, CT, DC, DE, GA, IA, IN, KS, LA, MD, MO, MT, NC, ND, NE, NJ, NM, NY (outstate held)*, OK, OR, SC, UT, WA, WI, WY

MA / MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

The following state boards accept courses from APA providers for Social Workers: AK, AR, AZ, CA, CO, DE, FL, GA, ID, IN, KY, ME, MN, MO, NE, NH, NM, OR, PA, VT, WI, WY

* If the activity is held live in the state of NY, then direct addictions board is required, i.e.: NAADAC. If the activity is held outside NY, is virtual, enduring or remote, it is considered "outstate" and this reciprocity applies.

NY: Amedco is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0031. 36 hours.

SOCIAL WORKERS: AGPA, ASWB provider #1064, is approved as a provider for continuing education by the Association of Social Work Boards, 400 South Ridge Parkway, Suite B, Culpeper, VA 22701, www.aswb.org. ASWB Approval Period: 1-27-21 to 1-27-24. Social workers should contact their regulatory board to determine course approval. Social workers will receive up to 36 continuing education clock hours for participating in this course.

The following state boards accept courses offering ASWB ACE credit for Social Workers: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, ID, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, MT, NC, ND, NE, NH, NM, NV, OH, OK, OR, PA, RI, SC, SD, TN, TX, UT. VT. VA. WA. WI. WV. WY

* WV accepts ASWB ACE unless activity is live in West Virginia, then an application is required.

The following state boards accept courses offering ASWB ACE credit for Counselors: AK AR A7 CA CO CT DC FL GA IA ID IL, IN, KS, MA, MD, ME, MO, ND, NE, NM, NH, NV, OK, OR, PA, TN, TX. UT. VA. WI. WY

AL/Counselors: Activities not providing NBCC approval may be approved by the Board for individual licensees upon receipt of acceptable documentation prior to the activity. Please send course details to your licensing board for approval BEFORE the event. No approvals afterward by the board.

MI: No CE requirement

The following state boards accept courses offering ASWB ACE credit for MFTs: AK, AR, AZ, CA, CO, FL, IA, ID, IN, KS, MD, ME, MO, NC, NE, NH, NM, NV, OK, OR, PA, RI, TN, TX, UT, VA, WI, WY MA / MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

MI: No CE requirement

The following state boards accept courses offering ASWB ACE credit for Addictions Professionals: AK, CA, CO, CT, GA, IA, IN, KS, LA. MO. MT. ND. NM. NV. OK. OR. SC. WA. WI. WV. WY

NY: Amedco SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0115, 36 hours.

OH: Social Workers & Marriage & Family Therapists - Activities held OUTSIDE of Ohio and not approved by state or national, participants can submit a post-request to the board for attending (done via CE Broker). OH SW accepts ASWB and OH Counselor accepts NBCC.

NURSES: In support of improving patient care, this activity has been planned and implemented by Amedco LLC and AGPA. Amedco LLC is jointly accredited by the Accreditation Council for Continuing



Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Nurses (ANCC) Credit Designation

Amedco LLC designates this live activity for a maximum of 36 ANCC contact hours for nurses. Learners should claim only the credit commensurate with the extent of their participation in the activity.

COUNSELORS: American Group Psychotherapy Association, Inc. (AGPA) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5675. Programs that do not qualify for NBCC credit are clearly identified. AGPA is solely responsible for all aspects of the programs. Maximum of 36 clock hours.

NY: Amedco is recognized by the New York State Education

Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0061. 36 hours.

ALCOHOL AND DRUG ABUSE COUNSELORS: This course has been approved by AGPA, as a NAADAC Approved Education Provider #62820, for 36 CE. AGPA is responsible for all aspects of its programing. This course deals with Counselor Skill Groups: Ongoing Treatment Planning, Counseling Services.

NAADAC covers all states except: CA, IL, OH, PA HI: No CE requirements

The following state boards accept courses from NAADAC providers for Counselors: AL. AR. AZ. CO. DE. GA. IN. KS. MD. ME. NE, NC, NM, ND, NJ, NV, OR, SC, TN, TX, UT, VA, WI, WY The following state boards accept courses from NAADAC providers for MFTs: AR, AZ, DE, IN, KS, LA, MD, NC, NE, NJ, NM, NV, OR, SC, TN, TX, UT, VA, WI, WY

MA / MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

The following state boards accept courses from NAADAC providers for Social Workers: AR, AZ, CO, DE, GA, ID, IN, KY, ME, MN, ND, NE, NM, OR, VT, WI, WY

MARRIAGE AND FAMILY THERAPISTS: NBCC approval is accepted by the Marriage and Family Therapy Boards in the following states: AK, AL, AR, AZ, CA, CO, CT, DC, IA, ID, IN, KS, LA, MD, ME, MO, MT, NC, ND, NE, NH, NJ, NM, NV, OK, OR, PA, SC, SD, TN, TX, UT, VA, VT, WA WV WY

MA: This course has been submitted to the New England Association for Family and Systemic Therapy for review.

MN: This course has been submitted to the Minnesota Board of Marriage & Family Therapy for up review.

NY: Amedco is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0032. 36 hours.

OH: Social Workers & Marriage & Family Therapists - Activities held OUTSIDE of Ohio and not approved by state or national, participants can submit a post-request to the board for attending (done via CE Broker). OH SW accepts ASWB and OH Counselor accepts NBCC.

CONTINUING EDUCATION UNITS: Participation in the 2022 Institute and Conference continuing education events carries Continuing Education Units on a one unit per 10 contact hour basis. (Fractional units may be obtained).

How to Register

Use our online registration system for quick and easy registration. The online registration will provide an immediate confirmation of choices. Online registration is available on the AGPA website, agpa.org. You may also register using the back cover of this program by e-mail, fax, or regular mail.

- Online at agpa.org;
- Email form to registration@agpa.org;
- Fax to AGPA at 212-297-2158;
- Mail to American Group Psychotherapy Association, c/o SunTrust Lockbox, PO Box 117572, Atlanta, GA 30368-7572. (Non-U.S. residents are requested to have checks drawn on U.S. banks.)
- Phone 877-668-AGPA (2472) or 212-297-2190

AGPA staff is available to take your registration by phone Monday-Friday (9:00 AM - 6:00 PM Eastern) toll free at 877-668-AGPA (2472) or call 212-297-2190. Please have credit card information and event selections available.



If you require special accommodations to fully participate, please provide a written description of your needs and send to registration@agpa.org or fax to 212-297-2158.

Discounts

Military: A 35% discount off registration rates is available to active military clinicians as well as to clinicians and chaplains working with active duty military and veterans.

Early Career Professionals/Students/ Residents/Retirees: A 35% discount off registration rates is available. Students/Residents must provide a statement of full-time enrollment. The Early Career Professional fee is applicable for four years after date of graduation.

Agency/Institution: The first registration is at the full rate with additional registrations from the same agency at a 35% discount. Registration forms must be forwarded together and accompanied by a listing of the names of registrants on agency letterhead stating personnel are full-time or part-time employees whose sole source of income is from the agency. The letter should also verify that the agency or institution is a non-profit. (Other discounts are not applicable when using an agency/ institutional discount.)

AGPA Connect Scholarships are also being offered by the Group Foundation for Advancing Mental Health. Details on Awards and Scholarships for attendees as well as application information can be found on our website.

Refund Policy

Cancellations must be submitted in writing by February 1, 2022 and will be subject to a \$50 service charge. Refunds will not be granted after February 1. It is the responsibility of the registrant to cancel whether or not registration confirmation has been received.

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Apply for AGPA Membership and receive 18 months of membership for the price of 12 and also register at member rates. Offer valid through March 5, 2022.

AGPA Membership Benefits provide for professional development and continuing education opportunities in all aspects of group psychotherapy to enhance clinical skills and career advancement including...

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- Access to workshops and training programs sponsored by local and regional Affiliate Societies
- Priority consideration for AGPA Connect Scholarships (see agpa.org for details)

WEBSITE: AGPA.ORG

- Brings therapists, students, and clients together
- Provides complete information on AGPA programs and products, gives clients help in locating qualified group therapists
- Access to Members-Only section
- Online E-Directory provides a national collegial referral network of over 2,000 group therapists

PUBLICATIONS

- Free subscription to the International Journal of Group Psychotherapy and four additional mental health journals
- The Group Circle newsletter providing members current professional information and the opportunity for national contacts and collegiality
- AGPA Group Connections, our monthly email newsletter, provides AGPA information updates
- The AGPA e-Learning monthly newsletter, keeping you abreast of the exciting online continuing education opportunities available
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- Access to grants and group research opportunities
- Publication opportunities

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- Special Interest Groups provide a forum for networking and peer support among individuals with similar interests
- Opportunities to develop interdisciplinary contacts internationally for exchange of professional knowledge and skills
- Consultation on developing a group psychotherapy practice
- Obtain national visibility and recognition in your area of professional specialization

LOCAL & REGIONAL AFFILIATE SOCIETIES

■ Our local societies across the country offer collegiality, referral networks, training, consultation and supervision



Membership Application

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| (Please check the for the address and email that you was | | ailings | i.) | 209.00(0) | |
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| ☐ Work Address | City | | State | | Zip |
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Questions? Call Toll-Free: (877) 668-AGPA www.agpa.org



Online registration form available at agpa.org for immediate selection confirmation

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| CONFERENCE REGI | STRATION: List prefe | erences for Thursday, Fri | day & Saturday, Ma | arch 3-5. Indicate cour | ses, open sessions | as well as workshop | s by event numbers | - | | |
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